

## Preeclampsia

Preeclampsia is a condition that can happen after the 20th week of pregnancy or right after pregnancy. It's when a pregnant woman has high blood pressure and signs that some of her organs, like her kidneys and liver, may not be working properly.

**If you have any of these signs of preeclampsia, call your health care provider:**

- Sudden swelling of fingers, legs, toes and face
- Severe headaches
- Nausea and vomiting
- Blurred or disturbed vision and dizziness
- Severe stomach pain
- Excessive, sudden weight gain

You're more likely than other women to have preeclampsia if you're:

- Pregnant for the first time
- Older than 35
- Pregnant with more than one baby (twins, triplets or more)

If you have preeclampsia, you may need to stay in the hospital so your provider can closely monitor you and your baby. You may need medicine to help control your blood pressure. If your preeclampsia is severe, you may need to have your baby early.

If your provider thinks you're at high risk of having preeclampsia, he may want to treat you with low-dose aspirin to help prevent it. Talk to your provider to see if treatment with aspirin is right for you.



*watch & learn*

Watch videos on how to have a healthy pregnancy at: [marchofdimes.org/videos](https://marchofdimes.org/videos)

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