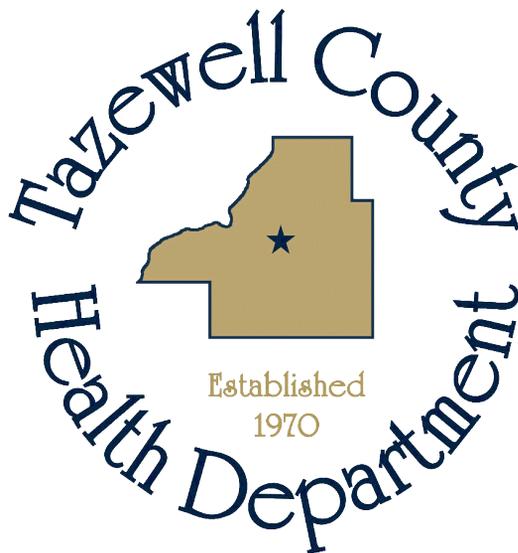


# ANNUAL REPORT 2014

Tazewell County Health  
Department



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# INTRODUCTION

The Tazewell County Health Department was formed by referendum in 1970.

## Mission Statement

To promote and protect the public's health and well-being.

## Vision Statement

The Tazewell County Health Department will be a state leader and partner, serving the community through innovative public health practices to meet the current and future needs of the individual and of the environment, with the ultimate goal of inspiring and attaining overall wellness.



**Public Health**  
Prevent. Promote. Protect.

## Values

The Tazewell County Health Department is dedicated to our community through...

**Service:** Understanding and meeting public health needs with creativity and commitment.

**Quality:** Continuously seeking to enhance and provide services at the highest possible level.

**Accountability:** Ensuring responsible use of resources to benefit the community.

**Integrity:** Being ethical and reliable.

**Collaboration:** Communicating and working together for the overall good of the public.

**Innovation:** Being a leader in anticipating and addressing public health needs.

**Respect:** Relating to all people with understanding, compassion and dignity.

# LETTER FROM THE ADMINISTRATOR

On behalf of the Tazewell County Board of Health and Department staff, we are pleased to submit the 2014 Annual Report to the Illinois Department of Public Health, our community partners, elected officials, and the citizens of Tazewell County.

New this year to the annual report is the addition of more robust information about programs, services, and changes in community health status. As an agency, we commit to provide clear information about the health status of Tazewell County. The additional information encompassed in this report is one of the ways to fulfill that commitment.

Our website also has expanded. New this year is our community health assessment dashboard. The dashboard provides information at a glance on health priority areas for Tazewell County. Just go to [www.tazewellhealth.org](http://www.tazewellhealth.org) and click on the data tab at the top of the page and click on community health assessment dashboard.

In the coming year, efforts will continue to protect the health of the public, prevent illness and disease, and promote health in partnership with the community.

As always, we want to acknowledge and show our appreciation to our staff, all of our local government officials, partner agencies, and organizations who help Tazewell County Health Department deliver much needed services to our county residents.

Sincerely,

Gary Burton, President  
Tazewell County Board of Health

Amy Fox, Administrator  
Tazewell County Health Department

## BOARD OF HEALTH MEMBERS

**Gary Burton, President**

**Mike Godar, Vice President**

**Debra Stark, Ph. D, RN, Secretary**

**Steve Dickey, DDS**

**Bill Edwards, MD**

**Peggy Flannigan, Ph. D, RN**

**Carroll Imig**

**Rich Karneboge**

**Christina Nulty, MD**

**Patricia O'Neal**

**Sabrina Stone, DVM**

# Margaret Burt Public Health Partnership Award

## Gayle Williams, Tazewell County Printer

Ms. Williams is an integral partner with the TCHD staff in sharing the public health message. Most of the printed materials from the TCHD are completed by Ms. Williams.

## Matt Ringenberg, Illinois Dept. of Public Health

Mr. Ringenberg has been an invaluable resource for several years to the Emergency Preparedness program. During the response and recovery of the Nov. 17<sup>th</sup> tornado, he was present at TCHD for several weeks.

## Rosemary Palmer, Tazewell County Board

Ms. Palmer has been a partner in public health for several years. She is a champion of safe water and food service standards.

## Kelly Meals, Tazewell County Resource Center

Ms. Meals offered to assist the Farmer's Market Program by providing fresh produce from the TCRC garden. This is especially convenient for clients with transportation issues.

## Evelyn Frainer, Planned Parenthood of Pekin

Ms. Frainer has collaborated with the TCHD Breast & Cervical Cancer program for several years. She is a champion for women's health in Tazewell County (not pictured).



Margaret Burt was a resident of Washington, Illinois. She was an original member of the Tazewell County Board of Health starting in December 1970, and became President in 1973. She was extremely active, not only in Tazewell County regarding public health, but throughout the state.

In 1971, she joined the Illinois Association of Boards of Health and the Illinois Public Health Association. She assisted both organizations in many capacities including serving on the Executive Council. She was very active in lobbying for public health issues and with the Illinois Department of Public Health Task Force looking into qualifications for public health employees.

Margaret received several awards for her dedication to ensure the public's health. She was a champion of public health, not only in Tazewell County, but throughout the state of Illinois.

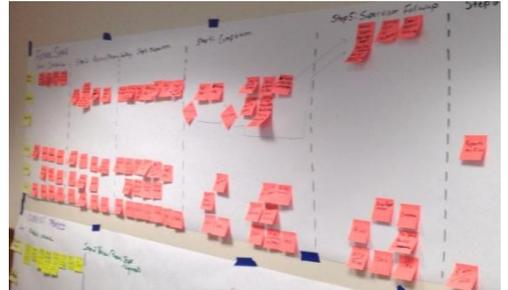
Margaret Burt passed away in February of 2002. The Public Health Partnership Award was renamed to honor her.





The current process mapped out.

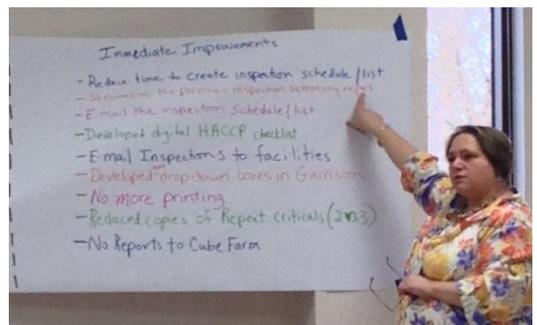
Future process mapped out that was implemented and has reduced administrative time spent on food inspections by 87%!



The integration of procedural and technological changes in the food inspection program, that were developed during this Kaizen project, support cost savings goals, expands capacity and sustains eco-friendly goals within the strategic plan. In addition to aligning with TCHD's strategic plan, it also addresses PHAB standard 9.2 (Evaluate and continuously improve health department processes, programs, and interventions) by continuing to bring QI processes to the forefront of public health work. This Kaizen project supports PHAB standard 11.1 (Develop and Maintain an Operation Infrastructure to Support the Performance of Public Health Functions) by reinforcing the need for standardized procedures to ensure consistent, efficient, and effective operational processes.



The Kaizen Team



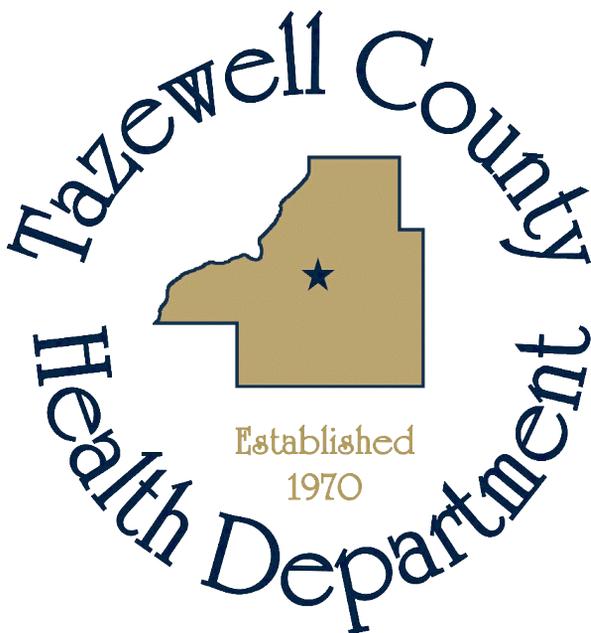
*“Kaizen shocked us, we thought that we were going to spend a week to remove 10 minutes... instead we identified how to remove 190 minutes.” -Kaizen participant*

# FINANCIAL REPORT

<b>Beginning Fund Balance 12/1/13 Audited</b>	<b>\$ 3,406,064</b>
<b>Based on Unaudited</b>	
<b>REVENUES:</b>	
<i>Grants</i>	
American Cancer Society	\$ 8,102
Comm. Found. of Central IL	\$ 7,500
IL Board of Education	\$ 8,347
IL Crim Justice Info. Authority	\$ 17,032
IL Dept of Human Services	\$ 1,326,714
IL Department of Public Health	\$ 450,586
IL Emergency Mgmt Agency	\$ 7,873
IL Enviro Protection Agency	\$ 68,467
IL Hlthcare & Family Services	\$ 809,848
IL Public Health Association	\$ 107,956
March of Dimes	\$ 7,929
Medicare	\$ 876
Quality Quest	\$ 148,830
State Farm Insurance	\$ 8,500
Susan G. Komen Foundation	\$ 72,500
SWP Fund	\$ 26,985
US Dept. of Hlth & Human Services	\$ 128,778
Subtotal Grants	\$ 3,206,823
<i>Taxes</i>	
General Property	\$ 855,022
Personal Property Replacement	\$ 187,230
Subtotal Taxes	\$ 1,042,252
<i>Fee for Service</i>	\$ 1,083,874
<i>Miscellaneous</i>	\$ 24,933
<b>Total REVENUES:</b>	<b>\$ 5,357,882</b>

<b>EXPENSES:</b>	
<i>Personnel</i>	\$ 3,738,055
<i>Insurance</i>	\$ 478,362
<i>Supplies</i>	\$ 301,519
<i>Contractual</i>	\$ 688,362
<i>Mileage</i>	\$ 76,213
<i>Utilities &amp; Maintenance</i>	\$ 106,196
<i>Equipment</i>	\$ 70,415
<i>Other</i>	\$ 48,378
<b>Total EXPENSES:</b>	<b>\$ 5,507,500</b>
<b>Ending Fund Balance Unaudited, 11/30/2014</b>	<b>\$ 3,256,446</b>

# Division & Program Reports



# Birth to 5 Services

	2012	2013	2014
Parents as Students	31	30	28
Prenatal Enrollments	606	595	551
Attended Classes	827	710	451
Healthy Start (MPE)	276	200	83
Infant Case Management	338	303	347
WIC active caseload	1,970	1,932	1,829
WIC Certifications		2,526	2,508
WIC Classes Attended		4,026	4,270
Nursing Referrals	108	74	85
Perinatal Referrals	175	113	125
Car Seat Safety Checks	266	252	288
Car Seats Distributed		168	151
Home Visits Completed	2,367	1,925	1,844

<b>Health &amp; Nutrition Tazewell County &amp; Illinois</b>	<b>County Value</b>	<b>IL Value</b>	<b>County Change</b>	<b>IL Change</b>
Share of Families Receiving SNAP that have 1 or more Workers in Family, 2009-2013 <sup>8</sup>	83.1%	78.2%	—	—
Health Uninsured Rate, Non-Seniors, 2012 <sup>15</sup>	9.6%	14.6%	-0.5% pts 2011	-0.2% pts 2011
Percentage of Babies Born Low Birth Weight, 2010 <sup>16</sup>	6.4%	8.3%	—	—
Percent of Children Eligible for Free or Reduced-Price School Lunch, 2013-2014 academic year <sup>17</sup>	39.6%	57.1%	3.7% pts 2012- 2013	2.9% pts 2012- 2013
Food Insecurity Rate, 2012 <sup>18</sup>	10.4%	14.2%	0.6% pts 2011	-1% pts2011
Child Food Insecurity Rate, 2012 <sup>19</sup>	18.5%	21.6%	0.7% pts 2011	-1.1% pts 2011

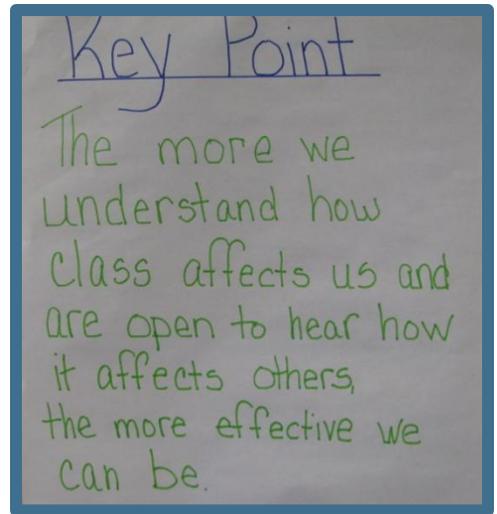
# UPDATES TO BIRTH TO 5 DIVISION

## AOK Poverty Café

The Tazewell AOK Early Childhood Network hosted a World Poverty Café Discussion on August 1, 2014 at the Pekin Public Library. Participants included members of local government, faith based organizations, social service, education, law enforcement, public health, and mental health. The purpose was to discuss what assumptions are held and how stigma often cause issues for families living in poverty.

According to the 2014 Illinois Kids Count report, more than 20% of Illinois children live in poverty. That rate increased from 16.3% in 2006 to 20.6% in 2013. Tazewell County All Our Kids Early Childhood Network (AOK) would like to change the assumptions and stigmas associated with poverty.

“A personal bias may interfere with the challenges that the family is dealing with every day,” Julie Herzog, AOK Coordinator said. “The Poverty Café will bring the community together to discuss poverty and how we can collaborate to support families in poverty.”



## Fresh Food Hub

The Tri County Fresh Food Hub was created in 2014 with support from TCHD and collaborating partners. Their mission is “to increase fresh food access to our food deserts and sustain local growers.”

Residents in Peoria, Tazewell, and Woodford counties now have the opportunity to enjoy fresh, locally grown produce.



TCHD Birth to 5 staff members will be actively involved with the nutrition classes that will be taught at each Fresh Food Stop in Tazewell County. Nutritionists will utilize the locally-grown, fresh produce from the Hub in recipes and offer suggestions to increase healthy eating by residents.

For more information, visit [www.believegitm.com](http://www.believegitm.com)



A sample of the box share available for purchase.

## Little Readers Library

Children participating in Birth to 5 services receive a new or gently used book to be taken home and read.

According to the nation’s largest pediatricians group, reading aloud to children daily from infancy stimulates early brain development and helps build key language, literacy, and social skills. With this in mind, staff decided that children should have a book to take home.



Since January 2014, over 400 books have been distributed to children during their visit.

TCHD is collecting books to continue this program. Staff members have contacted Scholastic and a local girl scouts troop did a collection for the Little Readers Library. New and gently used books are always welcome!

## Birth Statistics

	2011	2012	2013
Total Births (provisional)	1,642	1,644	1,592
Births to Teen Mothers	127	**	**

\*\* Statistics unavailable from Illinois Department of Public Health

## UPDATES TO BUSINESS OPERATIONS

### Document Retention

Business Operations staff has adopted the policy to scan and store documents electronically. To eliminate the mountains of stored documents in the shed, staff is scanning and sharing documents electronically. This includes invoices, travel advance request forms, etc.

### In-house Correspondence

Staff utilize the opportunity to share information, as well as the scanned documents mentioned above, with all divisions. This has increased efficiency and accuracy.

### Maintenance

Maintenance staff has been trained to use Excel and Word programs to allow for easier communication between the division and accounts payable. The Excel integration has also allowed for more accurate tracking of supplies and materials used in the maintenance of TCHD buildings.

### Mileage/Timekeeping

One of the most exciting developments in the last year is the electronic version of the TCHD weekly. Paper dailies/weeklies were required to be submitted by staff.

Two divisions are currently piloting the electronic version of the weekly for the improvements. The electronic version will add the time charged to each grant/program, which hopefully reduces errors. Supervisors have access to the electronic file to approve or request changes.

Business Operations staff then access the file to tabulate the time charged to each grant/program, along with benefit time for staff. Staff efficiency and accuracy of timekeeping has determined this change is worthwhile and will expand to other divisions in the upcoming months.

# Clinic Services Provided

	2012	2013	2014
Hearing Screenings	2,354	2,879	1,577
Vision Screenings	2,251	2,496	1,496
H&V referrals	89	201	85
Immunizations	5,563	3,689	3,263
STD Clinic Clients	217	174	112
Flu Immunizations	841	574	675
Pneumonia Immunizations	9	7	12
Blood Lead Tests	349	476	613
New Cases	4	4	10
Dental Patients	6,353	6,197	7,549
Dental Patient Visits	8,755	7,477	5,515
Dental Services	17,691	16,356	15,558
TB Skin Tests	859	788	750
TB Clients Served	878	807	762
Bright Smiles from Birth	791	965	703
Pregnancy Tests	236	184	127

## UPDATES TO CLINICAL DIVISION

### Dental Center Electronic Health Records

As a quality improvement project, the TCHD Dental Clinic adopted a procedure to convert paper charts to electronic charts.

The benefits of electronic health records include:

- Cost savings: labels, toner, paper
- Time savings: no filing, pulling files, patients do not have to complete the paperwork, eliminate duplicate paper charts, and duplicate documentation in paper and electronic charts
- Environmental Savings: saving trees, less landfill

Approximately 200 charts were scanned each month. As of January 31, 2014, all patients with last name beginning with "A" were scanned. As of December 31, 2014, all patients with last name through "Q" had been scanned. This is a time consuming project, but staff are confident that the benefits will be long lasting.

# Communicable Diseases

	2012	2013	2014
AIDS	0	0	4
Central Nervous System infections	0	0	0
Chlamydia	456	394	383
Cryptosporidiosis	3	4	0
Dengue Fever	0	0	0
Ehrlichiosis	1	0	0
Giardia	5	2	1
Gonorrhea	42	56	47
Group A Strep Invasive	3	7	4
Hepatitis A	0	2	1
Hepatitis B	9	8	5
Hepatitis C	62	35	77
Histoplasmosis	3	3	0
Legionella	1	1	2
Listeria	0	0	0
Lyme	2	5	3
Mumps	0	0	0
Norovirus outbreak	2	2	3
Pertussis	13	1	10
Q Fever	0	1	0
Rabies-Human Exposure	11	17	15
Rocky Mountain Spotted Fever	0	0	1
Salmonellosis	28	22	7
Shigella	2	6	1
Syphilis	0	3	8
Tuberculosis	0	1	1
West Nile Virus	0	1	0
Yersiniosis	0	0	1

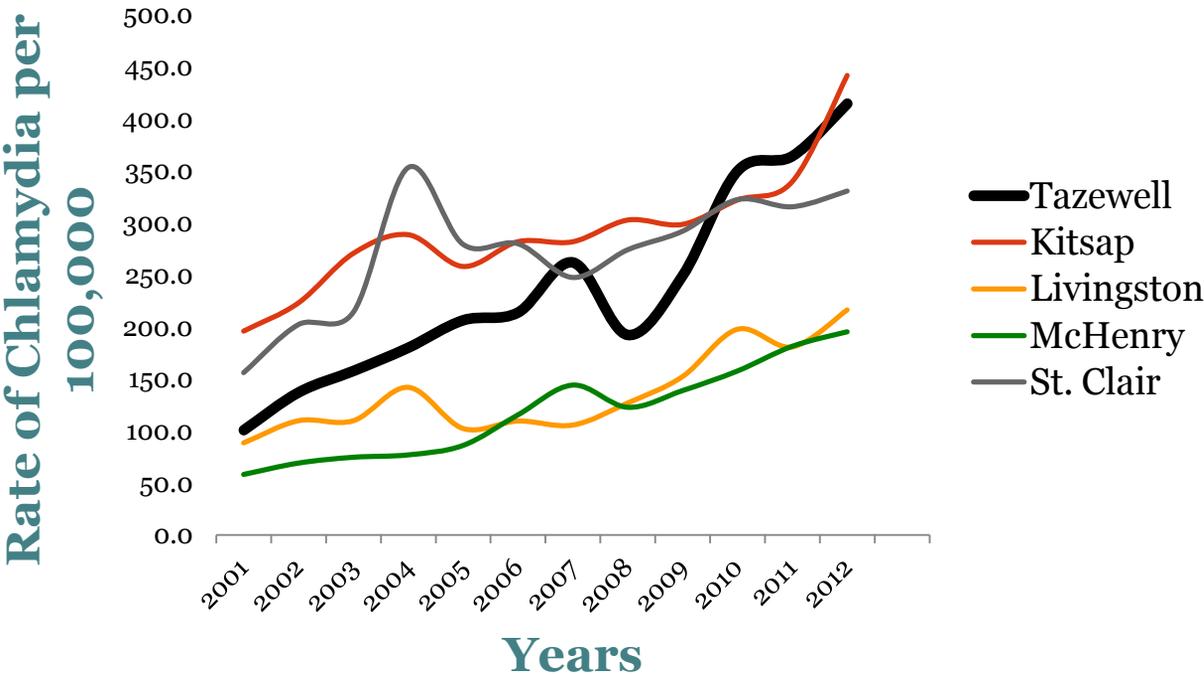
### Epi-Team

The TCHD epidemiologist leads the Epi-Team, TCHD’s primary surveillance team for communicable diseases. The Epi-Team observes rates of diseases, establishes expectations, and acts when rates exceed expectations. Each week members of the Epi-Team receive an e-mail with the weekly burden of communicable disease and an analysis that determines whether a cluster or outbreak might exist. The report successfully detected an unusual increase in chicken pox cases that led to a full-fledged outbreak investigation.

Since established, the Epi-Team has improved internal communication and cooperation on outbreak response. Tazewell County responded to 4 outbreaks in 2014. After each outbreak, the team conducts a critical evaluation of strengths and opportunities for improvement to create outbreak specific After Action Reports. These reports have been invaluable in continuously improving TCHD’s response to communicable disease threats.

The Epi-Team also discussed the rising rates of chlamydia within the county. Rates were compared to similar counties and adjusted for differences in population structure.

### Age adjusted rates of chlamydia



# Community Services

	2012	2013	2014
Break the Habit - Tobacco	1,793	342	159
Illinois Breast & Cervical Cancer	383	382	228
Komen/Other	201	178	103
Breast Cancer Diagnosed	5	8	4
Cervical Cancer Diagnosed	2	1	0
Tazewell County Youth Board	65	60	75
Tazewell Teen Initiative	62	65	70
Marketplace Applications		48	158
Medicaid Applications		112	266

## Partnerships for Success

Every two years, the Substance Abuse and Mental Health Services Administration sponsors national Town Hall Meetings to educate communities about underage drinking and mobilize them around its prevention.

The Tazewell Teen Initiative held a Town Hall Meeting on April 8, 2014, at Tremont High School in collaboration with Tremont FFA, Partnerships for Success and Drug Free Communities grants. Approximately 50 participants attended.

Jody Heavilin, coordinator of the Drug Free Communities grant, shared Tazewell County Illinois Youth Survey Statistics, which are available at [www.tazewellhealth.org](http://www.tazewellhealth.org). Chris Schaffner, from Tazewood Center for Wellness talked about alcohol and marijuana. Renee Springer shared her personal testimony on the impact of alcohol on her life.



# UPDATES TO COMMUNITY DIVISION



## Affordable Care Act

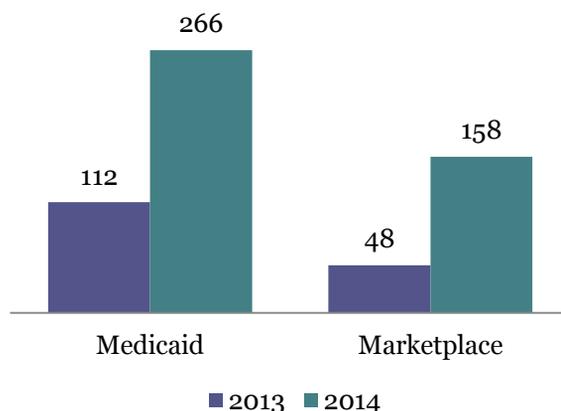
The Affordable Care Act (ACA) is a new health care law, that provides easier access to affordable and quality health care for all Americans. A portion of the ACA requires all insurance companies to offer coverage for what is known as the ten essential benefits: outpatient services, emergency services, hospitalization, maternity and newborn care, mental health and substance use disorder and services, prescription drugs, habilitative and rehabilitative services and devices, laboratory services, preventative and wellness services and chronic disease management, and pediatric care.

TCHD has an In-Person Counseling program which has several trained counselors available to assist clients with the enrollment process. By assisting the public to access the health care they need and deserve, we are laying the foundation to improve the community's health.

Furthermore, as a result of the mandated ten essential benefits, our program is helping to indirectly impact several of our targeted priorities: mental health, obesity, and infant mortality.

TCHD In Person Counselors were available to assist individuals and families needing health insurance coverage. In 2014, 158 Marketplace and 266 Medicaid applications were completed. In 2013, those numbers were 48 and 112, respectively.

## ACA Enrollment



## Community Awareness Breakfast

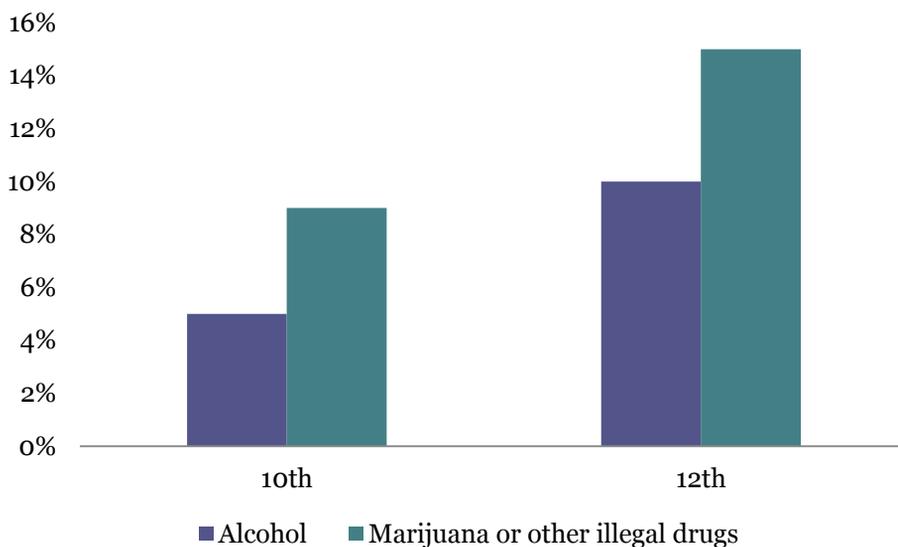
The Drug Free Communities grant and Tazewell Teen Initiative hosted the first Community Awareness Breakfast on Wednesday, August 27, 2014. Nearly 100 community members attended the event held at the Clock Tower Building in East Peoria.

The breakfast promoted the awareness of Tazewell Teen Initiative history, current Tazewell County drug trends, and current Tazewell County DUI statistics.

Speakers for the event were Retired Captain Dean Kennedy, Illinois State Police; Master Sergeant Tony Halsey, Illinois State Police; Wesley Lane, Tazewell County Youth Board President; Jody Heavilin, Tazewell County Health Department; and Assistant State's Attorney Kate Legge.



### Driving Under the Influence: Percentage of 10th and 12th grade students when asked if they drove a vehicle in the past year while impaired.

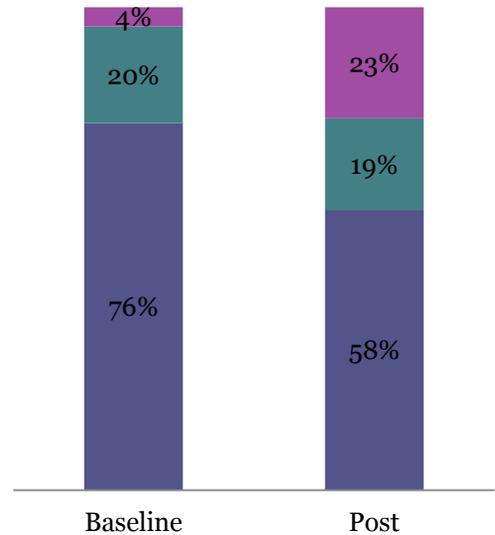


## Worksite Wellness

Staff volunteered to participate in a Worksite Wellness pilot project coordinated by Community and Planning. Each staff member completed a survey, receives weekly tips for healthy living and reports health data.

The Worksite Wellness committee held after work activities for staff. Low impact aerobics, weights, and stretching have been offered. Staff participate, as their schedules allow.

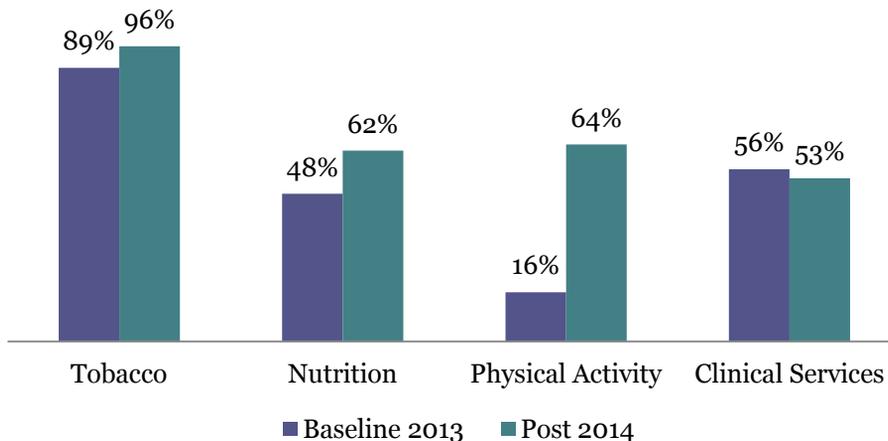
The chart below and to the right are products of the Community Transformation Grant. Through funding from the Centers for Disease Control (CDC), Peoria and Tazewell County conducted an 18 month project focusing on several health issues, including worksite wellness.



- No Policy
- Policy Only
- Policy & Active Committee

## Peoria & Tazewell Businesses Use of Wellness Policy

Percent of workers in Peoria & Tazewell County Wellness Programs Services Offered



# Environmental Services

	2012	2013	2014
Routine Food Inspections	1,337	1,492	1,463
Foodborne Investigations	29	57	20
Food Est. Employee Training	503	842	507
Potable Water Inspections	59	57	41
Water Samples Tested	286	354	680
Wastewater/sewage Inspections	65	71	116
Loan Inspections	220	319	198
Nuisance Investigations	363	146	179
Solid Waste Inspections	64	73	58
Pool/Beach Inspections	248	178	204
Landfill Inspections	30	41	37

## UPDATES TO ENVIRONMENTAL HEALTH DIVISION

### Zero Waste Initiative

The Zero Waste Initiative committee has monitored the TCHD program since its inception, always with the goal of identifying where waste can be eliminated. For this reason, the TCHD campus restructured waste bin locations to help maintenance reduce time spent collecting trash, as well as to further encourage staff to reconsider if waste can be recycled or repurposed before sending it to the landfill.

Waste reduction fluctuates throughout the year and it requires a cultural change in view of waste and perhaps even some sacrifices. Sometimes, reminders are needed, as old habits are hard to break.

In December, TCHD staff members participated in a zero waste potluck. Reusable tableware was the focus of the event. It was fun to see the variety of plates that were used.



# Tazewell County Pekin Landfill Project

With the invaluable support of the Tazewell County Board; TCHD Board of Health and Environmental Health have successfully begun the process of permanently and properly closing Pekin Landfill. On August 25, the UCM construction company began preparing to cap the Pekin Landfill. Because of rain in 6 of the first 7 weeks, work was sporadic and delayed. UCM continued to work and by November 17 (Week 13) finished placing 100% of the protective soil in the areas used for haul roads.

Another construction company, WRS, finished the vents for the gas system, prepared the site for the winter, finished the west borrow area and replaced the top soil. This company also finished the north borrow area. The crossing area on Towerline Road was cleaned up and prepared for winter. The total project is 80-82% complete.

Even with the landfill capped, leachate will continue to be generated, but at a lesser quantity. The cap will reduce the quantity of leachate penetrating, due to the new clay barrier, and the new protective cap. Vegetation will also help absorb and transpire moisture. The waste will continue to be degraded due to the existing leachate in the landfill and the new percolation entering into the waste from precipitation through the cap. Over time, leachate contaminant levels should be reduced.

Leachate within the landfill will remain, unless it is actively removed, or it seeps out of the landfill. Seepage is expected to continue but at a lower rate than before. It will likely take a number of years for the leachate levels to drop, and it will be dependent upon the amount of precipitation and the maintenance of the cap.

UCM finished work in November. In Spring 2015, work will begin again to complete the remaining 18-20% of the project, when weather permits.



# UPDATES TO PLANNING DIVISION

## Medical Countermeasure Throughput

A part of preparing for responding to public health emergencies in our communities, TCHD conducts drills and exercises to test our capabilities. One of those capabilities is dispensing medication during an emergency in a safe and timely manner. Medical countermeasures (MCM) are best known as medications and vaccinations. Dispensing of MCMs is directed by the Centers for Disease Control and Prevention (CDC) and the Illinois Department of Public Health in response to a pandemic illness or a localized communicable disease outbreak.

In 2013 and 2014, TCHD conducted dispensing MCM drills to staff and volunteers. Drills are conducted to improve staff skills needed to meet CDC standards to protect the citizens in Tazewell County.

Our goal is to increase the safe throughput of each drill. Previous drills are reviewed to determine ways to increase throughput. The results of that review are then incorporated into the next drill as part of an improvement plan. This is an ongoing cycle of planning, exercising, and improvement.



Just In Time Training prior to drill for staff.



Staff and volunteers exercising the throughput drill.

TCHD has its own Quality Improvement (QI) Plan separate from this drill requirement. In 2014, the QI Plan was used to assist in improving the throughput by reviewing and updating our medical screening form. That form will be used during the 2015 drill to determine its impact on throughput.

TCHD is committed to being ready during a public health emergency to meet the needs of the citizens of Tazewell County.

## Tobacco Cessation Services

Tazewell County Health Department collaborates with the Illinois Tobacco Free Quitline to provide residents with counseling and interventions to quit using tobacco products.

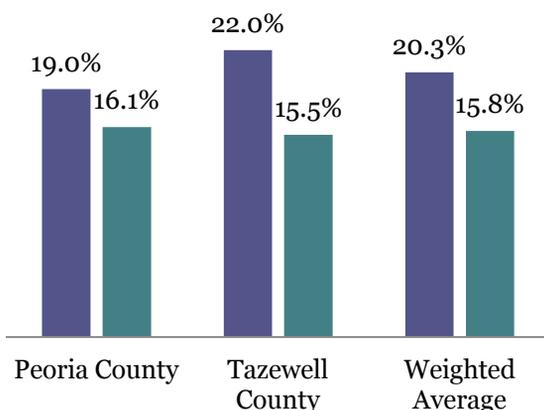
Through funding from the Centers for Disease Control (CDC), Peoria and Tazewell County received a Community Transformation Grant. This 18 month project encouraged partnerships between agencies in the bi-county area focusing on several health issues, including tobacco use and smoking. More information is available at [www.healthyhoi.com](http://www.healthyhoi.com).

Interventions were widely implemented including: media messaging, workplace wellness programs and smoke free policies for multi unit housing.

The Planning Division coordinates the tobacco programming for TCHD. Several of the initiatives continue and the smoking rates shown below are decreasing.

### Adult Smoking

■ 2012 BRFSS results ■ 2014 BRFSS results



## Workforce Development

The Planning Division has been tracking the trainings and educational opportunities that TCHD staff have participated in for the last year. Staff completed a competency assessment to determine the areas for improvement for each division.

A training work plan was distributed to Division directors with trainings and webinars that will meet the areas for improvement from the assessment.

Staff have been completing a Training Documentation Form to track the competency areas. This allows Planning to determine if the competencies that were areas for improvement are receiving the additional training needed.

# School Services Provided

	2012	2013	2014
21st Century Schools Served	21	23	25
Total Enrollment	1,267	1,239	1,136
Average Daily Attendance	465	417	424
Teen Pregnancy Prevention	1,531	1,812	1,610
Hygiene/Maturation	803	480	996
Exercise/Nutrition	580	353	909
Misc. Health Education	506	678	653
Olweus Bullying Prevention			750

## UPDATES TO SCHOOL DIVISION

### Bullying Prevention Program

Tazewell County Health Department received a Bullying Prevention grant from the Illinois Criminal Justice Information Authority in February 2014, addressing TCHD's mental health priority. Edison Junior High and Broadmoor Junior High in Pekin began a planning and training process, utilizing the Olweus Bullying Prevention Program. This process established a Bullying Prevention Committee at each school comprised of school administrators, support staff, and teachers. It included assessing the students using the Olweus Bullying Questionnaire. The results of the survey allowed the committees to set goals for implementation.

A trainer was brought in to train staff on implementing the Olweus Bullying Prevention Program. This training took place in May of 2014 and included defining bullying, how to implement the Olweus program at the school, classroom, individual and community levels, and time for the school committees to plan for the upcoming school year. Results of the Olweus Bullying Questionnaire helped both schools determine "hot spots" at the school where more supervision would be beneficial. The Bullying Prevention Committees worked to personalize the 4 Anti-Bullying Rules to be hung around the schools, especially in the "hot-spots".

## Bullying Prevention Program cont.

The 2014-2015 School year started out with the Bullying Prevention Committee members providing mini trainings at all-staff training days focusing on the classroom and individual components. Classroom meetings began on a weekly basis where students talk and join in activities during advisory time on topics such as tolerance, labels, friendship, and being confident.

On Friday, October 10, 2014, Edison hosted a “Mix It Up Celebration” as their official kick-off event. Students signed a banner with the anti-bullying rules and wore t-shirts with the rules on them. Classroom lessons focused on the songs “What Can One Little Person Do?” and “We are the World 25 for Haiti.” Students discussed how individuals can unite to bring their unique strengths, talents, and passions, in order to make a bigger impact.

Broadmoor held a “ROAR 4 Assembly” on Friday, November 7, 2014, featuring Sgt. Steve Starks, highlighting Responsible decision making, Ownership of actions, Academic efforts, and Respectful relationships. Student leaders created a video highlighting living out the ROAR 4 at Broadmoor which was shown at the assembly. Community leaders visited classrooms to discuss how the ROAR 4 plays out in the workplace.



## CATCH: Coordinated Approach To Child Health

CATCH was another program implemented through the Community Transformation Grant from the CDC. The area of focus for CATCH was to increase moderate to vigorous physical activity to combat obesity, one of TCHD’s health priorities.

The CATCH team surveyed area K-5 school physical education professionals, as well as administrators, regarding daily minutes of physical activity provided to students. Training for Peoria District 150 teachers was held last fall. Additionally, the team has met with school administrators in Peoria and Tazewell counties to promote increased indoor and outdoor physical activity opportunities for children, and youth.

Furthermore, a workgroup of area P.E. teachers has been formed and meets bi-monthly. The group is designed for P.E. teachers to network, collaborate for funding opportunities, and to educate themselves regarding area school P.E. policies. The group is also advocating for the implementation of the ISBE/IDPH Illinois P.E. Task Force guidelines.

A newsletter highlighting physical activity and healthy eating was created and distributed quarterly to parents, school personnel, and medical providers. Over 6,000 copies of the newsletter are in circulation. A resource guide entitled, “PE Matters!” is currently being offered to P.E. teachers and professionals working in afterschool physical fitness programs throughout Peoria and Tazewell counties.

### Daily PE class time $\geq 45$ minutes in Peoria & Tazewell

