

How We Can Help:

- Create and strengthen tobacco-free policies, including multi-unit housing, business campuses, and outdoor spaces.
- Sample leases and policies.
- Surveys and educational materials.
- Actions to inform your patrons.
- Links to smoking cessation.
- Kick-off campaigns.
- Easy enforcement ideas.
- Marketing and signage.



Tobacco-Free Matters :

- There is no safe level of exposure to secondhand smoke from other people smoking.
- Secondhand smoke contains over 4,000 chemicals with many that cause cancer.
- People exposed to secondhand smoke have a higher risk of lung cancer, heart attack, stroke; babies and kids have a higher risk of asthma attacks, and sudden infant death syndrome (SIDS).



We Can Help

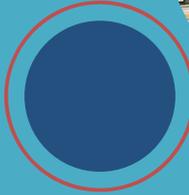
Hult Center for
Healthy Living
309-692-6650

Peoria City/County
Health Department
309-679-6603

Tazewell County
Health Department
309-925-5511

Woodford County
Health Department
309-467-3064

or email all agencies at TobaccoFree@tchd.net



Illinois Tobacco-Free Communities

**Helping Communities
Be Healthier Places to
Live, Work, and Play
Tobacco-Free**

Peoria, Tazewell & Woodford Counties

Live

Secondhand smoke can seep through lighting fixtures, cracks in walls, around plumbing, under doors, and can then enter adjoining apartment units.



Let Us Help Your Apartment Building Go Tobacco-Free

- Lower rehab costs and have faster turnover time.
- See less wear and tear on ventilation systems.
- Save on casualty insurance.
- Lower fire risk.
- Find "green" building tax credits.
- Provide better health protection for children, families, and pets - as well as people with chronic disease, cancer, and breathing problems.
- Review surveys that show residents prefer tobacco-free units.

Work

Tobacco-free campus policies reach beyond the building to the outside property. It is legal, profitable, and non-discriminatory for a business or agency to adopt and promote a tobacco-free policy. Benefits include cleaner areas, less maintenance, healthier environment, and lower insurance risks.

Go Tobacco-Free Business Campus and Outdoor Property



- Shopping areas
- Restaurant patios
- Parking lots
- College campus
- Outdoor common areas
- Church grounds
- Government properties

Play

- Go 100% tobacco-free at parks, recreation fields, playgrounds, pools, athletic fields, community and sporting events, farmer's markets.
- Protect waterways from pollution with chemicals and reduce cigarette litter.
- Reduce youth smoking, promote active living.
- Assure access for those with illnesses affected by secondhand smoke.

