

BASIC METABOLIC PANEL

(BMP) BLOOD DRAW



WHAT DOES TEST MEASURE?



ELECTROLYTES

That help control the amount of fluid in the body and balance the acids and bases in the body.

CALCIUM POTASSIUM
CHLORIDE SODIUM
GLUCOSE

BODY WASTE

Products removed by the body from the kidneys and lungs.

BLOOD UREA NITROGEN (BUN)
CREATININE
CARBON DIOXIDE



BMP CHECKS DIFFERENT BODY FUNCTIONS AND PROCESSES INCLUDING:

- Acid and base balance
- Blood sugar levels
- Fluid and electrolyte balance
- Kidney function
- Metabolism

PREPARING FOR BLOOD DRAW

01

You will need to fast (nothing to eat or drink except water) for eight hours prior to the test.

02

Get a good nights sleep and drink plenty of water prior to test. This will help increase your blood volume and make it easier to access your vein.

03

Take your prescribed medications as usual, unless directed by your physician to do otherwise.

04

If able, wear short sleeves. This will make it easier to access your vein. Dress in layers if it is cold outside.



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