



LIVER PANEL

BLOOD TEST



WHAT IS A LIVER PANEL BLOOD TEST?

A liver panel measures different enzymes, proteins, and other substances made by the liver.

What are the components of the test?

Albumin is a protein made by the liver

Total protein is the total amount of protein in the blood.

Alkaline phosphatase (ALP)

Alanine Transaminase (ALT)

Aspartate aminotransferase (AST)

These all are enzymes made by the liver.

Billrubin is a waste product made by the liver

What do results indicate?

If your liver function test are not normal, it may mean your liver is damaged or not working properly.

PREPARING FOR TEST:

- You will need to fast (nothing to eat or drink except water) for 12 hours prior.
- Get a good night's sleep and drink plenty of water prior to the test.
- Take prescribed medications as usual, unless directed by your physician to do otherwise.

CALL TODAY FOR AN APPOINTMENT

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