

LIPID PANEL BLOOD TEST



What is a lipid panel?

A lipid panel is a blood test used to measure the amount of fat in your blood.

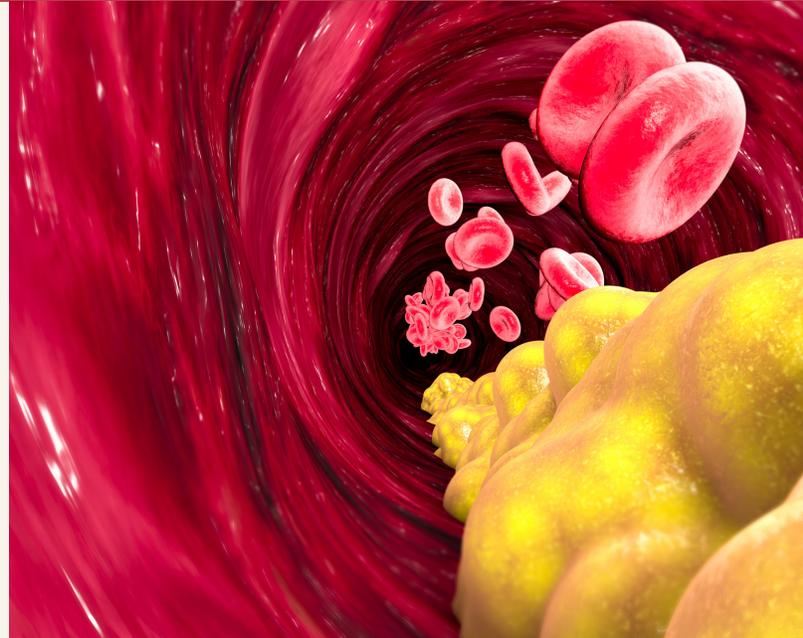
It includes measuring your cholesterol which is a waxy, fat-like substance found in blood.

What is measured?

- Low density lipoprotein (LDL) cholesterol("bad"). This is the main source of blocked arteries
- High density lipoprotein (HDL) cholesterol("good"). HDL helps get rid of LDL cholesterol
- Total cholesterol: The combined amount of LDL & HDL in the blood.
- Triglycerides: A type of fat found in the blood that is known to increase the risk for heart disease.



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What do results indicate?

High results of a lipid panel mean you have a high risk of developing heart disease.

Instructions prior to test:

This is a fasting blood test. You should not eat or drink except water for 12 hours prior to test. Get a good night's sleep and drink plenty of water prior to test.

Take prescribed medications as usual unless directed by your physician to do otherwise.

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Call for an appointment # 309-929-0294