

FERRITIN BLOOD TEST



WHAT IS A FERRITIN BLOOD TEST?

Ferritin is a protein that stores iron inside of your cells. Iron is needed to make healthy red blood cells. The blood test shows how much iron you have stored in your body. It can be used to help diagnose or rule out certain health conditions.

**CALL
FOR AN
APPOINTMENT
309-929-0294**

WHAT DO RESULTS INDICATE?

- Iron deficiency anemia may cause your ferritin levels to be low.
- High ferritin levels may be caused by liver disease, alcohol use disorder or hyperthyroidism.

FASTING TEST

Nothing to eat or drink, except water 12 hours prior to test. Get a good night's sleep and drink plenty of water. Take prescribed medications as usual, unless directed by your physician to do otherwise.



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