

# FOLIC ACID

## Folic Acid Blood Test



### What is folic acid?

Folic acid is a type of vitamin that helps the body make healthy new red blood cells and produce DNA. Folic acid is important during pregnancy to prevent neural tube defects in the growing fetus.



### What do results indicate?

Low folic acid levels may indicate a poor diet, malnutrition, or malabsorption.



### Preparing for blood draw:

You should not have anything to eat or drink (except water) prior to the test. Drink plenty of water to increase blood volume and make it easier to access your vein for blood draw. Consult with your physician about your current medication, some may need to be held prior to test.



### Call to make an appointment



**309-929-0294**



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