

THYROID STIMULATING HORMONE

(TSH) BLOOD TEST

What is a TSH test?

TSH is a hormone produced by the thyroid gland, which is located in front of your neck. The thyroid is responsible for making hormones that control how your body uses energy.

What do results indicate?

Too much TSH is referred to as hyperthyroidism.
Too little TSH is referred to as hypothyroidism.
The test cannot show what is causing the hormone imbalance. If your results are abnormal, your physician will likely order other thyroid tests to help determine the cause.



Prepare for test

You may eat and drink as usual prior to the test. Get a good night's sleep and drink plenty of water.

Take prescribed medications as usual, unless directed by your physician to do otherwise.



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