



Youth (12-18) Mental Health Resources **Updated 5/2023**

- Crisis text line 741-741
- JOLT Foundation 1411 NE Adams St., Peoria, IL 61603 309-966-3643 Provides a drug use disorder peer support group on Wednesdays from 6:00 p.m. to 7:00 p.m. for all people suffering from any kind of substance use.
- JOLT Peer Recovery Navigators – 309-966-3643 Navigators can text, call, video chat, or meet individuals in person.
- National Alliance on Mental Illness (NAMI) Tri-County Illinois
 - namitri-countyillinois.org; 309-693-0541
 - Crisis line: 800-273-8255
 - Monthly education meetings, signature classes, presentations, support groups
- National Suicide Prevention Lifeline 1-800-273-8255 or text 988. You do not need to be suicidal to call the lifeline. They also have a chat option on their website.
<https://suicidepreventionlifeline.org/chat>. Open 24/7/365.
- OSF Children’s Hospital- Resource Link 309-624-9781. Open Monday through Friday from 8:30 a.m. to 4:30 p.m. Provides youth and adolescent mental health and substance abuse referrals based on insurance coverage to mental health professionals that fit the child’s needs.
- Substance Use Resources: www.tazewellhealth.org
- Trillium Crisis Services (ERS) - available 24/7
 - Peoria County – 309-671-8084
 - Tazewell/Woodford County – 309-347-1148
 - Fulton/Mason - 309-647-8311
- Trillium Place – Mental Wellness Services
 - Locations: Peoria, East Peoria, Pekin, Eureka
 - 1-888-311-0321
 - Offers counseling and other mental health services
- United Way *211