



Tazewell County Health Department

AOK Family Connect Newsletter

November / December 2009

All Our Kids (AOK) Early Childhood Networks
Communities build what they dream
Families get what they need
Children thrive

For more information about the AOK Network visit these websites:

www.tazewellhealth.org

www.aoknetworks.org

What does AOK do?

- Assesses the needs of very young children (younger than five years) and their families
 - Links the children and their families to appropriate services
 - Assists service providers in working together to close the gaps in services
 - Informs others in the community about the needs of very young children and their families
 - Explores the training needs of people who work with very young children and their families
 - Evaluates the "systems" of services to find out if families have difficulties using the services and if these services meet the needs of young children and their families
- Provides leadership in the community to assure the health of very young children and their families.

Tazewell County AOK Network Agencies

- American Red Cross
- Catholic Charities
- Center for Prevention of Abuse
- Child & Family Connections #14
- Child Care Connection
- Children's Home
- Children's Home & Aid
- Children's Hospital of IL
- Counseling & Family Services
- Crittenton Centers
- Department of Children & Family Services
- Department of Health & Human Services
- Division of Mental Health
- Easter Seals
- Erickson Institute
- Glasford United Methodist Church
- Good Beginnings – Children's Home
- Heart of IL Safe From the Start
- IL Children's Mental Health Partnership
- Illinois Central College – Adult Education
- Lincoln Prairie Behavioral Health Center
- Local Area Network (LAN)
- Miss Mona's Preschool
- Parents As Teachers
- Pekin 108 Family and Education Center
- Pekin District 108
- Pekin Fire Department
- Preschool for All
- Prevent Child Abuse of IL
- Streamwood Behavioral Health Center
- Strengthening Families of IL
- Tazewell County Children's Advocacy Center
- Tazewell County Health Department
- Tazewell County Resource Center
- Tazewell County Sheriff's Office
- Tazewell Mason Counties Special Education
- Tazewell Woodford Head Start
- Tazewell Community Services
- Tazewell Mental Health Center
- University of IL Extension – Tazewell County

Next AOK meeting is scheduled for 11/18/09

Location: Tazewell Woodford Head Start
233 Leadley Ave.
East Peoria, IL 61611

Time: 8:30am – 10:00am

For more information about the AOK Network, contact:

Julie Donaldson
AOK Coordinator / Health Educator
Tazewell County Health Department
(309) 925-5511 ext. 266 or (309) 477-2223 ext. 266
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All Our Kids (AOK) Family Yellow Pages is a great resource for these and other Tazewell County agencies. Go to: http://tazewellhealth.org/family_yellow_pages.htm

TAZEWELL COUNTY HEALTH DEPARTMENT H1N1 Community Clinics

Tazewell County Health Department has been planning for H1N1 public health vaccinations for several months. Since April 2009, H1N1 has been and continues to circulate through the public. The only confirmed case of H1N1 in Tazewell County was reported on June 30, 2009.

“Protecting our residents against this virus and continuing to provide our essential services as a public health department are the two missions we have been tasked with in the next several weeks,” says Amy Tippey, Administrator of the Tazewell County Health Department. “The H1N1 clinics will be community based models. Staff will be in different communities to provide the vaccine to those people in the priority groups established by the CDC (Centers for Disease Control and Prevention).”

Schools throughout Tazewell County are partnering with Tazewell County Health Department to host H1N1 clinics. Information regarding these clinics will be distributed by the schools. Only school children, their families and staff in the priority groups are recommended to attend school clinics. Community clinics are planned to offer vaccine to the general public in other CDC priority groups.

The CDC priority groups for H1N1 vaccine are:

- Pregnant women
- Children and young adults 6 months to 24 years of age
- Persons ages 25-64 years old with health conditions (such heart disease, diabetes, asthma, or anyone with a lowered immunity)
- Household members and caregivers of children younger than 6 months in age
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- Healthcare workers and emergency medical service providers with direct patient contact

H1N1 Tazewell County Community Clinics Schedule

DATE	LOCATION	TIMES
October 22, 2009	Delavan School 907 Locust Street Delavan, IL 61734	3:30 – 7:45 pm <i>Doors will close promptly at 7:45 pm</i>
October 24, 2009	Tazewell County Health Dept 21306 Illinois Route 9 Tremont, IL 61568	1:00 - 3:00 pm
October 26, 2009	LaSalle School 300 N Highland Creve Coeur, IL 61611	3:30 – 8:00 pm
October 29, 2009	Lincoln School 801 Springfield Road East Peoria, IL 61611	3:30 – 8:00 pm <i>Doors will close promptly at 7:45 pm</i>
October 31, 2009	Tazewell County Health Dept 21306 Illinois Route 9 Tremont, IL 61568	8:00 am – 3:00 pm

Vaccine availability will determine the schedule. Clinics may be postponed or canceled depending on vaccine shipment. Upcoming community clinics are tentatively scheduled as follows.

For more information, visit www.tazewellhealth.org

Win the Race Against Germs



This program is **FREE**.
Registration is **REQUIRED**.
Registration ends
November 10, 2009

For more information contact,
contact 1 (800) 421-4371
or (309) 690-7300.



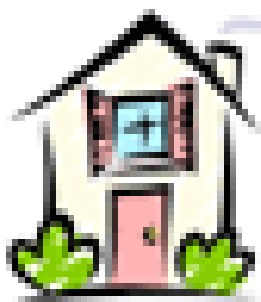
Date of event (November 19, 2009)

Time of event (6:30pm - 8:30pm)

Location of event (Illinois Central College North
Campus: Poplar Hall – 5407 N University Street, Peoria IL
61635 Child Care Connection, Room P39)

Description of event

- ✚ Learn about common childhood diseases
- ✚ Learn how you can help prevent childhood diseases
- ✚ Learn how to manage asthma
- ✚ Learn about surveillance and how to report diseases



LIHEAP

Tazwood Community Services, Inc. will begin scheduling appointments for the Low Income Home Energy Assistance Program for the Tazewell and Woodford County residents beginning Monday, October 26, 2009 at 8:00 am. A household may qualify if their gross income for the preceding 30 days does not exceed \$1,354 for a one person household, \$1,821 for a two person household, \$2,289 for a three person household, \$2,756 for a four persons household, \$3,224 for a five person household or \$3,691 for a six person household. Residents may walk in or call Tazwood at 309-266-9941 or 309-694-4391 to schedule an appointment.

Appointments will be scheduled in November and are 1st come 1st serve.



50 Ways To Praise Your Child

Wow - Way to go - Super - You're special - Outstanding - Excellent - Great - Good - Neat - Well done - Remarkable - I knew you could do it - I'm proud of you - Fantastic - Super star - Nice work - Looking good - You're on top of it - Beautiful - Now you're flying - You're catching on - Now you've got it - You're incredible - Bravo - You're fantastic - Hooray for you - You're on target - You're on your way - How nice - How smart - Good job - That's incredible - Hot dog - Dynamite - You're beautiful - You're unique - Nothing can stop you now - Good for you - I like you - You're a winner - Remarkable job - Beautiful work - Spectacular - You're spectacular - You're darling - You're precious - Great discovery - You've discovered the secret - You figured it out - Fantastic job

Safety Tips for the Holiday Season

The next two months are full of holidays. Parents and children need to remember to be safe. Here are some helpful safety tips:

Christmas, Hanukkah, and Kwanzaa

- Make sure your artificial tree is Fire Resistant or if you purchase a real tree make sure it is fresh.
- Never use electric lights on a metallic tree.
- Check all lights before you put them on trees or decorate your house.
- Select toys that are age-appropriate. Remember little children like to put everything in their mouth! Keep your “present opening area” clean of any choking hazards!
- Remember not all houses are child-proof.
- If you are visiting someone, keep an eye on your child!
- Watch those candles!! Make sure you keep them away from children and don't forget to blow them out!

Stress and the Holiday

- Traveling, visitors, getting presents, and shopping can cause stress for not only you, but your children. Try to stick to your child's schedule as much as you can!
- Make sure your child isn't eating only sweets during this time. Remember to add fruits and vegetables to their diet! Don't let them eat too much candy or sweets. Tummy aches!



Have a safe and wonderful holiday season!